

## KITEBOARDING BALLITO BAY



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ADRENALINE LEVEL 5 🔥🔥🔥🔥🔥

Kiteboarding is a fast-paced, adrenalin-fuelled extreme sport that many people enjoy purely for the rush and the fun factor.



### ADVENTURES

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 Ballito Bay

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## INTRO

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Kiteboarding is a fast-paced, adrenalin-fuelled extreme sport that many people enjoy purely for the rush and the fun factor. After all, what other activity combines sea, surf, sun, high-speed action, cool aerial tricks and high risk maneuvers all at the same time? Yes, kiteboarding, or kitesurfing as it is also called, is the ultimate fun in the sun and surf but everyone has to start out somewhere.

That is why we are offering you the chance to learn to kiteboard in Ballito Bay, Durban, a safe and controlled environment that affords you the benefit of IKO (International Kiteboarding Organization) qualified instructors.

## MORE

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### What is the deal?

Kiteboarding instruction in Ballito Bay

### Where is it?

Ballito Bay, Durban

### **When is the best time to do it?**

Throughout the year, weather permitting

We do open-date gift vouchers that you can hand to the recipients as gifts on a special day. This allows the recipient the flexibility to make the final booking on a date that suits his/her personal schedule. This also turns the gift into a “double whammy” gift as the recipient receives the voucher on the special day and then has the anticipation of going on the adventure on a suitable date.

Our open date vouchers are valid for a period of 6 months from date of issue; this is a precaution to guard against price increases only, the value of the voucher is never lost. Should the participant not use the voucher within that time period, the value is still there, and if there has been no price increases, the recipient uses the voucher as is. If after the six months grace period there has been a price increase, the recipient will be liable to pay in the price difference only.

## INTINERARY

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### **Kiteboarder Level 1**

Level Competencies

#### **A-1 Carry and set up the lines and kite**

- Determine the direction of the wind, up and downwind wind (leeward and windward)
- Fly a small (stunt kite, inflatable, foil, etc) kite on the wind window edge maintaining it near the ground.
- Know how to cut kite power by letting go of the bar in the case of a problem arising. Raise awareness that the kite leash needs to be worn all the time, before launching the kite and until the kite lands again.

#### **B-1 Be aware of the area where the kite can fall down wind to the pilot.**

- Recover kite on land.
- Position kite on request from the 9 to 3 o'clock position on the wind window edge
- Assisted kite launch and choosing the correct angle to the wind.
- Successful kite flight in the power zone without crashing
- Twisting and untwisting lines while the kite is in flight.
- Kite recovery and secure it on land.
- Assisted kite landing

#### **C-1 Fly a kite hooked to the harness.**

- Pilot hooked to the harness with one hand.
- Harness release or quick release activation, both of which are located on the leader line.

#### **D-1 Perform a downwind course by body dragging and using the power of the kite.**

#### **E-1 Relaunch a kite from the water.**

- Wind the lines in the water and recover the kite.
- Perform a deep water self-rescue.

- Land based kite self-launch
- Have the ability to define wind direction and identify potential wind Identify potential barriers creating downdrafts of lift. Have the understanding that practicing with onshore with is dangerous.

#### **What to bring?**

- High SPF sunscreen
- Sunglasses
- Towel
- Change or clothes for afterward
- Camera
- Swimming costume/trunks

#### PRICING INFORMATION

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R550  
per lesson

#### RATES INFO

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Price per lesson: R550.00 per person

